

# EPISODE ACTIVITY

## The Boy Who Couldn't Stop Crying



### GIVE IT A LISTEN!



Season 4, Episode 13  
The Ant Who Saved Her Colony/  
The Boy Who Couldn't Stop Crying

### What's This Activity About?

Creating a short comic about a character trying to manage their feelings.

### What Stuff Do I Need?

Paper and something to draw with!



In the story "The Boy Who Couldn't Stop Crying" by a 6 year-old from Rhode Island named Weylyn, there's a boy named Daniel who can't stop crying. Other people try to cheer him up, but nothing works. Eventually Daniel's crying causes the whole town to flood!



Everyone feels sad, or angry, or frustrated, or nervous sometimes. Those big feelings are part of being human, and those feelings are okay! But sometimes we might feel a bit out of control, like Daniel did in the story, and we may want to change how we're feeling.

In this activity, we're going to draw a short comic about a person who tries to calm down their feelings. It goes like this:

### Panel #1:

Draw a character feeling sad, or angry, or afraid. It's easy to draw different feelings--just think about what shape the mouth should be, and what direction to draw the eyebrows.



### Panel #2:

When you're feeling sad, or angry, or scared, what do you do to try to calm yourself down? Do you do something with friends or family? Is there an activity you like to do? Do you just take a deep breath and count to 10? Think about something you'd like this character to do to calm down. Draw it!



Yoga!

### Panel #3:

How does this person feel now? Happy? Excited? Still sad? It's up to you to decide--draw it!



### Share It!

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